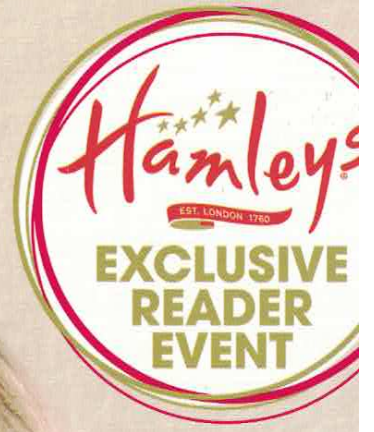


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INDIAN ODYSSEY

Shakti Himalaya has added a luxe four-bedroom property to its collection, making a magical mountain break more tempting than ever. The River House, which sits on the banks of the river Indus in Ladakh, is a dreamy retreat for families wanting to explore the local culture and landscape at a snail's pace. There are dedicated activities for kids available, too.

shaktihimalaya.com



HAPPY & HEALTHY

Revolutionary Spanish retreat Healthouse Las Dunas has launched the 'Fit & Fun' programme for kids aged 10 to 17 years. A combo of fun exercise and nutrition classes will allow children to adopt healthier habits and improve their own body image. Participants will also receive a detailed aftercare programme.

healthouse-naturhouse.com



ISLAND FUN AND GAMES

This summer, kids' entertainers Sharky & George are taking up residency at the Peligoni Club on the Greek island of Zakynthos. From May half term, the duo will be hosting everything from treasure hunts to watersports. And so teens don't miss out on studying for exams, the club has a team of tutors on hand, while you kick back on the beach. peligoni.com

LITTLE LEARNERS

AquaPlane is the latest swimming aid designed to support children from beginner to swimmer. Endorsed by the Team GB swimming squad, it's used first as a back float, then the straps can be removed as confidence grows to form a cool kick-board. **£24.99, argos.co.uk**

Make learning to swim fun and pack a new AquaPlane swimming aid before you jet off

